

**News Release**  
**SOUTH MIDDLETON TOWNSHIP**  
520 PARK DRIVE, BOILING SPRINGS, PA 17007

For Release: Upon Receipt  
Date: May 1, 2008

Contact: Darlene Anderson  
(717) 258-5324

**South Middleton Township to host  
Senior Expo/Health Fair  
for Senior Citizens & Citizens with Special  
Needs  
of South Middleton Township  
on May 21, 2008 1 - 4 p.m.**

South Middleton Township residents who are 55 years of age and older can receive a variety of **free** health screenings and information during the Township's annual Health and Information Fair **from 1 to 4 p.m. on Wednesday , May 21 at the Township Municipal Building located at 520 Park Dr. in Boiling Springs.**

The event is co-sponsored by the South Middleton Township Board of Supervisors, the Township's Citizens Advisory Task Force, the Carlisle Regional Medical Center, and Cumberland County Office of Aging and Community Services.

**FREE SCREENINGS** for glucose, cholesterol, blood pressure, pulmonary function, hearing loss, glaucoma, bone density, and body mass index will be available. Information from Carlisle Regional Medical Center's Joint Camp, Rehab Options, and Would Center will be present.

- **Humane Society will micro-chip your cat or dog for \$20.00 – Pet has to be on a leash or in a crate - CASH ONLY**
- **Chair Massage – Dawn Tule**

- more -

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- **Cassess Chiropractic Clinic – Spinal Analysis Machine (SAM)**
- **Many County Agencies will be present**
- **Cumberland County Dairy Princess – Stephanie Beeman**
- **Bingo starts at 2:30 p.m. - refreshments - prizes**
- **Bring your Compact Fluorescent Bulbs – we can recycle them**

In addition, more than 20 organizations will be on hand to provide information on senior issues ranging from health to home safety.

Everyone is welcome. **Free screenings** and valuable information will be available to those who attend, as quantities permit. For more information please contact Darlene Anderson at the Township office -717-258-5324.

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