

PARKS & RECREATION

FALL 2020

The following programs are offered cooperatively by the Board of Supervisors and the Board of School Directors under the direction of the Parks and Recreation Board. For more information on any program or to register with a credit card, call 717-258-4441.

DUE TO COVID 19 – PLEASE NOTE THAT ALL PROGRAM DATES AND LOCATIONS ARE SUBJECT TO CHANGE. PLEASE VISIT OUR WEBSITE AT WWW.SMIDDLETON.COM OR OUR FACEBOOK PAGE FOR UPDATES.

11TH ANNUAL MOVIE IN THE PARK

South Middleton Parks & Recreation will be hosting the 11th Annual Movie in the Park. Bring the whole family for a showing of "ALADDIN", on a big inflatable screen at South Middleton Park. The movie will begin at dusk on Friday, August 21st. Free movie, snacks and drinks; just bring your favorite blanket or lawn chair.

BOILING SPRINGS COMMUNITY FIREWORKS DISPLAY

Join the Bubbler Foundation for fireworks on Sunday, September 6, as we celebrate the end of summer and Labor Day.

The fireworks display is scheduled for dusk on the South Middleton School District Campus. Anyone wishing to contribute to the fireworks may send donations to South Middleton Fireworks, 4 Academy Street, Suite 100, Boiling Springs, PA 17007.



A special THANKYOU is extended to all the sponsors. Your contributions provide the community with one of the best fireworks displays in the area and are very much appreciated by everyone who attends.

TRICK OR TREAT NIGHT

Thursday, October 29, from 6:00 - 8:00 p.m. will be Trick or Treat Night for South Middleton Township. The Township urges parents to make sure that costumes allow children to move, see and hear easily, and that they carry a flashlight. We ask that children walk on sidewalks or close to the curb and be accompanied by a responsible adult. Parents, please inspect all treats before allowing your children to eat them.



CHILDREN'S LAKE HOLIDAY LUMINARIAS AND TREE LIGHTING CEREMONY

The Christmas tree and approximately 400 luminarias will be lit around the perimeter of Children's Lake for this 28th annual event. Make plans now to attend this special holiday gathering, including the arrival of Santa, sponsored by the Boiling Springs Civic Association on Sunday, December 6, at 5:30 p.m. Following the initial lighting of the luminarias, they will be lit December 11 – 13. From December 18 through January 1, 2021 they will be lit every night (weather permitting). Gather your family and friends together and volunteer to light the candles one of the '19 evenings to keep this holiday tradition going! To sign up to light or for more information, please contact Marilyn Morosky at 717-258-5216.

**THE PARKS AND RECREATION OFFICE
IS LOCATED AT
520 PARK DRIVE, BOILING SPRINGS.
717-258-4441**

HOURS: MONDAY – FRIDAY, 7:30 A.M. – 4:00 P.M.

OUR OFFICE WILL BE CLOSED:

MONDAY, SEPTEMBER 7
WEDNESDAY, NOVEMBER 11
THURSDAY, NOVEMBER 26
FRIDAY, NOVEMBER 27
HALF-DAY, THURSDAY, DECEMBER 24
FRIDAY, DECEMBER 25
HALF-DAY, THURSDAY, DECEMBER 31
FRIDAY, JANUARY 1

LIKE US ON FACEBOOK!



**SOUTH MIDDLETON PARKS
AND RECREATION**

REGISTRATION IS EASY

MAIL IN
 South Middleton
 Parks & Recreation
 520 Park Drive
 Boiling Springs, PA 17007

ONLINE
www.smiddleton.com
 or
<http://activenet.active.com/smparksandrec>

PHONE IN
 MC/VISA/AmEx Accepted
 For Telephone Registration
 717-258-4441

WALK IN
 Recreation Office
 520 Park Drive
 Monday - Friday
 7:30 AM - 4:00 PM

TO MAIL IN OR WALK IN

1. **Complete Registration Form** below. Be sure to include correct program number, phone number, email, name, grade and birth date.
2. **Enclose Payment** - A personal check may be used and should be payable to: South Middleton Township. If using VISA, MasterCard or AmEx, provide number, exp. date and CVV# on the registration form. Cash is accepted for walk-in registration only.
3. **Mail or Walk-in Registration** - Use our mailing address listed above. The Recreation Office is located in the South Middleton Township Municipal Building.

TELEPHONE REGISTRATION

Using your MasterCard, VISA or AmEx you may register for any activities by calling the Recreation Office at 717-258-4441, Monday through Friday, 7:30 a.m. – 4:00 p.m.

ONLINE REGISTRATION

Using your MasterCard, VISA or AmEx you may register for most activities by going to the website listed above and following the directions provided. A convenience fee is associated with online registration.

REGISTER EARLY

If a program does not have the sufficient number of participants registered five working days prior to the start of the class, the program will be cancelled.

REFUND POLICY

We will gladly issue a refund for any program (except bus trips and special events) for any reason as long as you contact us by 4:00 p.m. at least one business day prior to the first class. A \$2 administrative fee will be deducted from the refund.

CANCELLATIONS

South Middleton Parks & Recreation reserves the right to cancel any program due to insufficient registration. A full refund will be given.

RETURNED CHECK POLICY

Any checks returned for insufficient funds will be assessed an additional \$25 or 5% of the check amount (whichever is higher) for each returned check.

CONFIRMATION

No confirmations will be sent unless you provide a self-addressed stamped envelope or an email address.

SENIOR ADULTS

Residents over 60 years of age who register for programs will receive a 20% discount from the regular registration fees. You must follow the normal sign-up process by returning the registration form with payment less your 20% discount. Programs which do not qualify: **Bus Trips, AARP Smart Driver Course, American Heart Association Classes and Special Events.**

SOUTH MIDDLETON PARKS & RECREATION PROGRAM REGISTRATION FORM

Home Phone _____

Last Name _____ First Name _____ Cell/Work Phone _____

Address _____ Township or Boro _____

City/State _____ Zip _____ E-Mail Address _____

| Name of Participant | Birthdate MM/DD/YY | Child's Grade | T-Shirt Size | Program Name | Program Number | Fee |
|---------------------|--------------------|---------------|--------------|--------------|----------------|-------|
| _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ | _____ | _____ |

20% Resident Senior Discount _____

DOES PARTICIPANT HAVE ANY SPECIAL NEEDS OR LIMITS? YES NO **TOTAL \$** _____

M/C **VISA** **AMEX** **CARD #** _____ **EXP DATE** _____ **CVV #** _____

NAME ON CARD: _____

MAKE CHECKS PAYABLE TO: SOUTH MIDDLETON TOWNSHIP
 MAIL TO: SOUTH MIDDLETON PARKS AND RECREATION
 520 PARK DRIVE
 BOILING SPRINGS, PA 17007
 PHONE: 258-4441

FOR OFFICE USE ONLY

DATE REC'D _____ REC'D BY _____

MAIL/WALK-IN/TELEPHONE/E-MAIL

CASH/CHARGE/CHECK ck# _____

TRANSACTION # _____

ADULT PROGRAMS

AEROBICS

This class is designed for the beginner as well as the advanced exerciser. Classes may include Hi/Lo Impact Aerobics, Low Impact Aerobics with weights, Circuit Training, Step, HIIT and Body Sculpting classes. Activities will vary each night. Participants should bring an exercise mat and light hand weights. Ages: 18 years and older.



#2020336 - Tuesdays & Thursdays, September 8 – October 20

NO CLASS 10/13

Fee: \$35/RES, \$41/NR, early bird
\$45/RES, \$51/NR, after 9/1

#2020337 – Tuesdays & Thursdays, November 3 – December 15

NO CLASS 11/26

Fee: \$35/RES, \$41/NR, early bird
\$45/RES, \$51/NR, after 10/22

6:00 - 7:00 p.m.

Yellow Breeches Middle School Cafeteria

Instructor: Carole Posavec, CGFI

NEW AMERICAN HEART ASSOCIATION CPR & AED CERTIFICATION

Heartsaver courses are designed for anyone with little or no medical training who needs a course completion card for job, regulatory, or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting. The skills learned in this course will help you recognize cardiac arrest, get emergency care on the way quickly, and help a person until EMS arrives. Students receive a course completion card at the end of the class. Ages: 12 years and older.

#2020338 – Saturday, October 17 • 8:30 a.m. – 12:30 p.m.

Yellow Breeches EMS, 233 Mill Street, Mt. Holly Springs

Instructor: Doug Shields & Yellow Breeches EMS Staff

Fee: \$30/RES, \$36/NR, early bird
\$40/RES, \$46/NR, after 10/2

#2020339 – Saturday, November 7 • 12:30 – 4:30 p.m.

Yellow Breeches EMS, 233 Mill Street, Mt. Holly Springs

Instructor: Doug Shields & Yellow Breeches EMS Staff

Fee: \$30/RES, \$36/NR, early bird
\$40/RES, \$46/NR, after 10/23

INSTRUCTORS WANTED

The Parks and Recreation Department is always looking for new course ideas and instructors. If you have an idea for a course, please contact Donna Ludwig at dludwig@smiddleton.com, or 717-258-4441. Teaching at South Middleton is a great experience – plus a whole lot of fun!

NEW AMERICAN HEART ASSOCIATION CPR FRIENDS & FAMILY

#2020340 - The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible. Students receive a course completion card at the end of the class. Ages: 12 years and older.

Thursday, September 24 • 6:00 – 9:00 p.m.

Yellow Breeches EMS, 233 Mill Street, Mt. Holly Springs

Instructor: Doug Shields & Yellow Breeches EMS Staff

Fee: \$5.00

GETTING TO KNOW YOUR iPad

The iPad is now more powerful than most laptops. Add a pen and its dedicated iPadOS and it becomes a creative game changer. In this one session class you will learn important system tools, hand-gesture navigation, online resources and tools, printing options, get App Store recommendations, and more. We will even look at how to check-out audio-books and e-books from local and online library systems. See why the iPad may be the perfect single device for personal use. Class will cover iPadOS versions 12 & 13 and discuss some of the new features in the new iPadOS 14. Please bring your iPad to class and have your Apple login information (Apple ID+password). Ages: 16 years and older.

#2020341 – Wednesday, October 28, 6:30 - 8:00 p.m.

Fee: \$25/RES, \$31/NR, early bird
\$35/RES, \$41/NR, after 10/14

#2020342 – Saturday, October 31, 9:30 - 11:00 a.m.

Fee: \$25/RES, \$31/NR, early bird
\$35/RES, \$41/NR, after 10/16

Boiling Springs High School Library

Instructor: Dennis McMahon

OSX CLASS

macOS Big Sur – it's big and sets a new course for Apple. But the core tools of Apple's modern operating system remain. This hands-on class will explore the basics and more of Apple's macOS (formerly OSX) operating system and explore key features that are part of this powerful Operating System (OS). This is a great way to get up and running with Mac if you just switched away from Windows! Basic computer and keyboarding skills required. Ages: 16 years and older.

#2020343 – Wednesday, October 21, 6:30 - 8:00 p.m.

Fee: \$25/RES, \$31/NR, early bird
\$35/RES, \$41/NR, after 10/7

#2020344 – Saturday, October 24, 9:30 - 11:00 a.m.

Fee: \$25/RES, \$31/NR, early bird
\$35/RES, \$41/NR, after 10/9

Boiling Springs High School Room 121

Instructor: Dennis McMahon



MacOS

"OVER 30" BASKETBALL

#2020345 – The Yellow Breeches Middle School Gym will be open for adults 30 years of age and older to play basketball with new pick-up teams each night. Ages: 30 years and older.

Sundays, September 13 – December 13 • 7:00 – 8:30 p.m.

Yellow Breeches Middle School Gym

Pay at the Door: \$2 daily admission and sign-in

POUND

A fun-filled full body, fast moving, heart pumping workout using ¼ lb. drum sticks (ripstix). It combines cardio, conditioning and strength training with yoga and Pilates inspired movements. There's nothing more exhilarating than grabbing a pair of ripstix and being able to POUND away your stress to a choreographed workout. Suitable for all fitness levels. Ripstix will be provided, however participants need to bring an exercise mat or heavy beach towel. Ages: 13 and up.

#2020346 - Session I – Wednesdays, September 9 – October 14

Fee: \$29/RES, \$35/NR, early bird

\$39/RES, \$45/NR, after 9/1

#2020347 – Session II – Wednesdays, October 28 – December 9

NO CLASS 11/25

Fee: \$29/RES, \$35/NR, early bird

\$39/RES, \$45/NR, after 10/14

6:00 – 7:00 p.m.

Citizens, Village Fire Station on Forge Road

Instructor: Barb Underkoffler

R.I.P.P.E.D

The One Stop Body Shock, a High Intensity Interval Training (HIIT) program. It's mission . . . "Experience this total body "plateau proof fitness formula" workout, utilizing resistance and cardio training, which masterfully combines Resistance, Intervals, Power, Plyometrics, Endurance, and Diet ... to help you attain and maintain your physique in ways that are fun, safe, doable and extremely effective" . . . this is a SPORTS based program perfect for beginners and athletes alike. Please bring hand weights (5-10 lbs. per arm), floor mat and water. Ages: 13 years and older.

#2020348 – Session I – Mondays & Wednesdays, September 9 – October 26

NO CLASS 10/12 & 10/14

Fee: \$77/RES, \$83/NR, early bird

\$87/RES, \$93/NR, after 9/1

#2020349 – Session II – Mondays & Wednesdays, November 2 – December 16

NO CLASS 11/9, 11/25 & 11/30

Fee: \$71/RES, \$77/NR, early bird

\$81/RES, \$87/NR, after 10/19

6:00 -7:00 p.m.

Rice Elementary Gym

Instructor: Jeannette Kole

NEW SENIOR EXERCISE PROGRAM – ARTHRITIS FOUNDATION

It's not as boring as the title may sound. We have a blast! You do not have to have arthritis to participate and benefit. Classes include gentle range of motion exercises and short cardio segments and are suitable for all fitness levels. Exercises and cardio can be standing or sitting/holding onto a chair. You will use tubing, balls and light weights. Chairs, tubing and balls are provided. Please bring your light weights and wear sneakers. Come and join us, it's a HOOT! Ages: 55 & up.

#2020350 – Session I – Wednesdays, September 9 – October 14

Fee: \$35/RES, \$41/NR, early bird

\$45/RES, \$51/NR, after 8/26

#2020351 – Session II – Wednesdays, October 28 – December 2

Fee: \$35/RES, \$41/NR, early bird

\$45/RES, \$51/NR, after 10/14

10:30 – 11:30 a.m.

Citizens, Village Fire Station on Forge Road

Instructor: Lisa Ecker, AFEP

TAI CHI FOR ARTHRITIS AND FALL PREVENTION

The Tai Chi for Arthritis Program® is designed to improve the quality of life for people with and without arthritis through practicing Sun Style Tai Chi; one of the four major recognized styles of Tai Chi. This style includes agile steps and exercises that may improve mobility, breathing and relaxation. The movements don't require deep bending or squatting, which makes it easier and more comfortable to learn. In this 5 week class you will learn 12 movements. Participants should wear comfortable clothing and supportive shoes. Ages: 18 years and older.

#2020352 – Session I - Tuesdays & Thursdays, September 8 – October 8

Fee: \$43/RES, \$49/NR, early bird

\$53/RES, \$59/NR, after 9/1

#2020353 – Session II – Tuesdays & Thursdays, October 20 – November 24

NO CLASS 11/3

Fee: \$43/RES, \$49/NR, early bird

\$53/RES, \$59/NR, after 10/22

10:00 – 11:00 a.m.

Citizens, Village Fire Station on Forge Road

Instructor: Carole Posavec

ZUMBA

ZUMBA is a Latin dance inspired fitness program that incorporates music and rhythms from all over the world. This format is designed for all fitness levels, abilities and backgrounds. No dance or fitness experience required, only a willingness to learn and have fun. Light hand weights are recommended for the toning segments as well as good cross training sneakers and a water bottle. Even if you have never danced or worked out before, this is a great place to start and develop skills and confidence as you work toward a healthier new you. Ages: 13 years and older.

#2020354 - Session I – Tuesdays & Thursdays, September 8 – October 15

Fee: \$65/RES, \$71/NR, early bird

\$75/RES, \$81/NR, after 9/1

#2020355 - Session II – Tuesdays & Thursdays, October 27 - December 8

NO CLASS 11/26

Fee: \$65/RES, \$71/NR, early bird

\$75/RES, \$81/NR, after 10/13

6:00 – 7:00 p.m.

Rice Elementary Cafeteria

Instructor: Jeannette Kole

CANCELLATION POLICY

To receive a refund, cancellations MUST be made no later than 4:00 p.m. one business day prior to the start of the first class. Refunds will not be issued the day of the class. Cancellations will result in a \$2 service fee. If a program is cancelled by the Recreation Department, a full refund will be issued.

AQUATICS

All aquatic programs are held at the Boiling Springs High School Natatorium.
Dates are subject to change due to weather cancellations and make-ups.

FITNESS SWIM

#2020438 - The pool is open two days a week for adults interested in lap swimming. Ages: 18 years and older.

Tuesdays & Thursdays, September 15 – December 17 • 6:30 - 7:30 a.m.

NO CLASS 11/26 and snow days /delays

Pay at the Door: \$2 daily admission and sign-in

RECREATION SWIM

#2020439 – The pool is open for children and adults to swim, shoot hoops in the poolside basketball net, and make a splash going off the diving boards. Children under 12 years old must be accompanied by an adult.

Saturdays, September 12 – November 21 • 6:30 - 8:00 p.m.

NO CLASS 10/10

Pay at the Door: \$3/person daily admission

Or

\$7/family daily admission

SOUTH MIDDLETON SWIM CLUB

Boys and girls that are able to swim a length of the pool are invited to join the winter swim team. Swimmers will learn sportsmanship, develop camaraderie with their teammates and improve swimming skills. Practices include stroke work and conditioning for all practice groups. Beginners will practice 3 hours per week, advanced swimmers will practice 6 – 10 hours per week. SMSC competes in the Central Pennsylvania Aquatic League with meets on Saturday mornings. First time swimmers must come to a tryout on Tuesday, October 13 or Wednesday, October 14 from 6:00 – 7:00 p.m. **Registration deadline is Friday, October 9.** Ages: 5 – 18 years.

#2020440 – Mondays – Fridays, October 19 - February 20

Fee: \$140

10 and under 6:00 – 7:00 p.m.

11 and up 6:30 – 8:00 p.m.

#2020441 - B.S.H.S. Swim Team Member

Fee: \$20

SWIM LESSON REGISTRATION – TUESDAY, AUGUST 25



Registration for the fall session will be accepted beginning Tuesday, August 25 at **7:30 a.m. VIA PHONE** for South Middleton Township residents only. Residents may only register for one session per child.

Non-resident registration will be accepted beginning Tuesday, September 1, at 7:30 a.m. Residents may register for a second session beginning September 1.

SWIM INSTRUCTION INFORMATION

Children's classes will be held Monday thru Thursday unless otherwise indicated. Parents are welcome to stay in the pool area the first day of class and for the Graduation Ceremony on the last day.

BABY BUBBLERS/LITTLE SKIPPERS - 1-2-3-SWIM!

A water orientation and safety course for children ages 12 months to 3 years

old. You, the parent, are the teacher. A qualified instructor will assist you in developing a closer bond with your child through water fun.

KINDER KIDS

This class for ages 4 and 5 years old may be the child's first opportunity to begin developing swimming skills without mom or dad in the water.

LEARN TO SWIM:

The Learn-to-Swim Program enhances the swimmer's ability in each level. Open to children ages 6 years and older.

COURSE PROGRESSION LEVELS

Intro to Water Skills I - For the novice swimmer

Fundamental Aquatic Skills II - For the child who can float, but needs work on strokes and endurance

Stroke Development III - For the child who can swim, but needs work on rhythmic breathing

Stroke Improvement IV - For the child who can rhythmic breath while swimming, but needs work on breaststroke, butterfly, backstroke and elementary backstroke

Stroke Refinement V - Improve skills from Stroke Improvement IV and endurance swimming

SWIM LESSONS SCHEDULE

SESSION #1

MON., SEPTEMBER 14 – THUR., SEPTEMBER 24

| | | |
|------------------|-------------------------------|----------|
| 5:30 – 6:00 p.m. | Baby Bubblers/Little Skippers | #2020442 |
| | Kinder Kids | #2020443 |
| 6:00 - 6:30 p.m. | Kinder Kids | #2020444 |
| | Intro to Water Skills I | #2020445 |
| 6:30 - 7:00 p.m. | Fund. Aquatic Skills II | #2020446 |
| | Stroke Development III | #2020447 |

SESSION #2

MON., SEPTEMBER 28 – THUR., OCTOBER 8

| | | |
|------------------|-------------------------------|----------|
| 5:30 – 6:00 p.m. | Baby Bubblers/Little Skippers | #2020448 |
| | Kinder Kids | #2020449 |
| 6:00 - 6:30 p.m. | Kinder Kids | #2020450 |
| | Intro to Water Skills I | #2020451 |
| 6:30 - 7:00 p.m. | Fund. Aquatic Skills II | #2020452 |
| | Stroke Development III | #2020453 |
| 6:30 – 7:15 p.m. | Stroke Improvement IV | #2020454 |
| | Stroke Refinement V | #2020455 |

FEES:

Baby Bubblers/Little Skippers, Kinder Kids, Water Skills I,

Fund. Aquatic Skills II, Stroke Development III

\$35/RES, \$41/NR

Stroke Improvement IV, Stroke Refinement V

\$40/RES, \$46/NR

BUS TRIPS

FLIGHT 93 MEMORIAL WITH QUECREEK MINE SITE

#2020612 – You will begin at the Flight 93 Memorial including both the Memorial Plaza with the Wall of Names of the Heroes of Flight 93 and the Visitor Center. The new visitor center was designed to give visitors a dramatic entrance with a long, black stone walkway marking the flight path of Flight 93. When the walkway ends, you will find yourself at a new overlook that gives an elevated view of the crash site where Flight 93 slammed into the earth at 560 miles per hour. Inside the center, there are walls to tell the story of 9/11 including the Twin Towers, the Pentagon, and finally the story of Flight 93. You will then have lunch at the Coal Miner's Café, before the visit to Quecreek Mine Rescue site, where on July 28, 2002 nine miners were miraculously rescued from 240 feet beneath the earth in a farmer's field. The rescue site has been developed into a beautiful garden and you will see the actual rescue capsule, the broken drill bit and the bit that broke through to the men.

Thursday, October 8

Departs: The Carlisle Point Mall at 7:30 a.m.

Fee: \$119/person

Includes: Transportation, Lunch at the Coal Miner's Café

FINGER LAKES WINE WEEKEND

#2020608– In this two-day excursion, you will enjoy 7 wine tastings and 2 beer tastings. You will visit the Hazlit Winery, Three Brothers Winery & Estate, Glenora Wine Cellar, Climbing Bines Craft Ales, and Torrey Ridge & Earle Estates Meadery. You will spend the night at the Quality Hotel & Suites in Waterloo. Plus have time to spend at Del Lago Casino where you will enjoy a Casino Buffet.

Saturday, October 17 & Sunday, October 18

Departs: Boiling Springs High School at 6:00 a.m. on October 17

Torrey Ridge & Earle Estates Meadery at 2:30 p.m. on October 18

Fee: \$359/person single, \$299/person double, \$289/person triple, \$279/person quad

Includes: Transportation, 1-night lodging, 7 wine tastings and 2 beer tastings, breakfast, \$25/person slot play voucher, Casino Buffet voucher and taxes.

RADIO CITY CHRISTMAS SHOW

#2020609 - Get into the Christmas Spirit! Travel to New York City to see the renowned Radio City Music Hall Christmas Spectacular. Upon arrival in New York City, participants will have time to explore the city, have lunch and/or do some shopping before the show. Seats are limited, so call early for your reservations.

Saturday, November 21

Departs: Boiling Springs High School at 6:00 a.m.

New York City after the show

Fee: \$159/Person

Includes: Transportation, Show Ticket, Map and Taxes.

OOPS!

Sometimes excellent programs with super instructors are cancelled when too many people wait until the last minute to register. We need a minimum number of participants before a class will run. If a program looks interesting, don't hesitate . . . **REGISTER TODAY!**

CHRISTMAS AT LONGWOOD GARDENS

#2020613 - Upon arrival at Longwood Gardens, you will explore the beautiful plants and lights at Christmas time. Thousands of poinsettias, towering Christmas trees and fragrant flowers transform the indoor gardens into a warm retreat celebrating the holiday season. Outdoors, 500,000 decorative lights glitter in the trees at night and weather permitting; colorful fountain displays set to music enchant visitors at the open-air theater. For dinner there is a \$15 meal voucher to be used in the Café at your leisure.

Thursday, December 10

Departs: Carlisle Point Mall at 12:30 p.m.

Longwood Gardens at 8:30 p.m.

Fee: \$99/Person

Includes: Transportation, admission into Longwood Gardens, \$15 Meal Voucher

NEW YORK CITY IN DECEMBER

#2020610 – This is a "Day on your own" in New York City to enjoy at your leisure. You'll find an unbelievable array of shopping, World Class Museums, restaurants and tons of Broadway shows, so there is something for everyone!



Saturday, December 19

Departs: Boiling Springs High School at 6:00 a.m.

New York City at 7:00 p.m.

Fee: \$49/person

Includes: Transportation

KALAHARI WATER PARK

#2020611 – Come explore the largest indoor Water Park in Pennsylvania. Hear the whoosh as you zoom down one of the many hair-raising waterslides. Feel the splash of the wave pool, the thrill of the kids' play area, or the rush of indoor surfing. You'll experience unforgettable family times and memories that will last a lifetime.

Monday, December 28

Departs: Boiling Springs High School at 7:00 a.m.

Kalahari at 8:00 p.m.

Fee: \$89/person

Includes: Transportation and admission into Water Park

BUS TRIP REGULATIONS

1. Early sign up for bus trips is important. Trips are cancelled one month prior to departure date if minimum registration is not met.
2. Reservations will not be accepted unless accompanied by a deposit of half the total amount due.
3. No refunds will be made unless:
 - a. Recreation Department cancels the trip due to insufficient registration.
 - b. A waiting list is available to fill vacancies. If no waiting list is available, those who wish to cancel are responsible to find a replacement or provide payment in full.
4. Age requirements - anyone 17 or under must be accompanied by a parent/guardian 25 years of age or older.
5. No alcoholic beverages permitted on the bus.
6. Please be prompt for departure times. Buses will be held no more than 10 minutes.

CRAFT CORNER

BE THE BOSS WHEN YOU EMBOSS

#2020356 – Give your cards a fantastic look and feel when you use heat embossing techniques. You will leave with 10 beautifully handmade cards. All supplies are included in this class. Ages: 18 years and older.

Wednesday, September 16 • 6:00 – 8:30 p.m.

Boiling Springs High School Room 301

Instructor: Mitzi Ruskowski

Fee: \$19/RES, \$25/NR, early bird

\$29/RES, \$35/NR, after 9/2

NEW CARDS NEW LOOK

#2020357 – Using the reverse masking and kissing techniques you will make some amazing cards. You will go home with 10 exquisite looking cards. All supplies are included in this class. Ages: 18 years and older.

Wednesday, October 14 • 6:00 – 8:30 p.m.

Boiling Springs High School Room 301

Instructor: Mitzi Ruskowski

Fee: \$19/RES, \$25/NR, early bird

\$29/RES, \$35/NR, after 9/30

BEGINNING KNITTING AND CROCHETING

#2020358 – Do I start with knitting or crocheting? Why not try both! In this class, you can decide which is more comfortable for you. Start off with crocheting. Once you have mastered that, try knitting. The instructor will have basic patterns for you to complete in the class. You need to bring a 5.5 or 6 mm crochet hook, Size 10 or 11 knitting needles and bulky or super bulky yarn. Ages: 12 years and older.

Tuesdays, October 6, 13, 20 & 27 • 6:00 – 8:00 p.m.

Yellow Breeches Middle School Room 105

Instructor: Kara Dayhoff

Fee: \$65/RES, \$71/NR, early bird

\$75/RES, \$81/NR, after 9/22

HOLIDAY CARDS MADE EASY

#2020359 - Get a jump start on the busy holiday season. Enjoy a great evening making 12 holiday cards, using specialty papers, inks, and embellishments. Your cards will leave the receiver feeling very special. All supplies are included in this class. Ages: 18 years and older.

Wednesday, November 4 • 6:00 – 8:30 p.m.

Boiling Springs High School Room 301

Instructor: Mitzi Ruskowski

Fee: \$19/RES, \$25/NR, early bird

\$29/RES, \$35/NR, after 10/21



SPLIT CARDS

#2020360 – This class will teach you the quick and creative way to make 2 cards at once. Using punches, die cuts, and stamps you will leave with 10 cards. Have a bit of fun and join in for an evening of creations. All supplies are included in this fun evening. Ages: 18 years and older.

Wednesday, November 18 • 6:00 – 8:30 p.m.

Boiling Springs High School Room 301

Instructor: Mitzi Ruskowski

Fee: \$19/RES, \$25/NR, early bird

\$29/RES, \$35/NR, after 11/4

Participants in South Middleton Parks and Recreation Department programs and activities participate at their own risk. The Township, the School District, the Parks and Recreation Department, its agents, servants and/or employees cannot be held responsible or liable for any accident and/or injury which may occur. Participants must rely on their own accident or health insurance.

STUDENT PROGRAMS

AFTER SCHOOL CLAY

#2020224 – Children love to work with clay! This class is for any student who loves to be creative. There will be some planned projects and time for personal exploration and experimentation. (New projects for returning artists) Students will walk to BSHS after school. Middle School students can walk over after school and wait for start time in the Art Room with Mrs. Lay. Grades: 3 – 8.

Tuesdays, September 22 – November 10 • 3:45 – 4:45 p.m.

NO CLASS 10/13

Boiling Springs High School Art Room 301

Instructor: Jessica Lay

Fee: \$155/RES, \$161/NR, early bird

\$165/RES, \$171/NR, after 9/8

BOYS BASKETBALL

Boys in grades 4 – 8 will receive instruction on the fundamentals of basketball followed by the formation of teams and game play, provided by Joel Martin, Boys Varsity Basketball Head Coach, members of the high school team and coaching staff, and volunteer coaches selected by Coach Martin. Time schedules listed below are **for the first three weeks of instruction only**. Fee includes a Reversible Jersey and BS Logo Basketball Shorts. Grades: 4 – 8.

Saturdays, November 7 – February 6

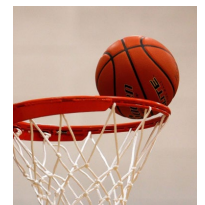
NO CLASS 11/28 and 12/26

#2020225 – Grades 4 - 5, 10:00 – 11:15 a.m.

#2020226 – Grades 6 - 8, 11:30 – 12:45 p.m.

Iron Forge Elementary School Gym

Fee: \$75/RES, \$81/NR



BRICKS4KIDZ S.T.E.A.M. LEGO

#2020227 – Students will design and build three dimensional educational models including motorized machines, develop problem solving and critical thinking skills through creativity, and apply math and science to real world situations while exploring architecture and engineering concepts. Students will use fun-filled model plans designed by architects and engineers that reinforce S.T.E.A.M. (Science, Technology, Engineering, Architecture, & Math) based principles using LEGO bricks. Each session will be a different build. Grades: 3 – 5.

Tuesdays, September 22 – October 27 • 3:40 – 4:40 p.m.

Iron Forge Elementary School Art Room

Instructor: Bricks4Kidz

Fee: \$65/RES, \$71/NR, early bird

\$75/RES, \$81/NR, after 9/8

CHEERLEADING

Watch for information through the school. Grades: 1 – 6

DECORATE A CAKE

#2020229 – Kids, here's your chance to make a Jack-O-Lantern Cake. Come out with mom or dad and together you will decorate your own pumpkin cake. Each child must be accompanied by an adult. Ages: 4 – 7 years.

Wednesday, October 21 • 6:00 – 7:00 p.m.

Boiling Springs High School Room 110

Instructor: Donna Ludwig

Fee: \$10/RES, \$16/NR, early bird

\$20/RES, \$26/NR, after 10/7



GIRLS BASKETBALL

#2020230 - Girls in Grades 3 – 6 will receive instruction on the fundamentals of basketball followed by game play, provided by Brett Sheaffer, Girls Varsity Basketball Head Coach, members of the high school team and coaching staff. Girls may practice one night during the week and games on Saturdays. Fee includes reversible jersey. Grades: 3 - 6.

Saturdays, November 14 – February 6 • 9:00 – 11:00 a.m.

NO CLASS 11/28 & 12/26

Yellow Breeches Middle School Gym

Fee: \$50/RES, \$56/NR

GRINCH'S CANDY CANE HUNT

#2020231 – There is a rumor that the Grinch stole all the candy canes from Bubbler-ville and took them back to Who-ville till after Christmas. However, he is planning on returning them in time for us to have a Candy Cane Hunt in Spring Meadows Park. WHO knows, we might even have a visit from the Grinch! Prizes will be awarded for special candy canes. Pre-registration is required by January 7. Don't forget to dress warm, the event will be held outside. Ages: 2 – 8 years.

Saturday, January 9 • 10:30 a.m.

Spring Meadows Park Pavilion 5

Fee: Free, however registration is required by January 7

MORNING OUT WITH SANTA

South Middleton Parks and Recreation, Citizens Fire Company and Yellow Breeches EMS will again sponsor "Morning Out with Santa". Children are invited to the Village Station on Forge Road to visit with Santa, create several holiday crafts, check out the fire apparatus and enjoy some light refreshments. (Parents – cameras are welcome!) Ages: 3 – 8 years.

Saturday, December 12

#2020232 - 9:00 - 10:00 a.m.

#2020233 - 10:30 - 11:30 a.m.

Village Fire Station on Forge Road

THIS IS A FREE PROGRAM, HOWEVER, REGISTRATION IS REQUIRED AND LIMITED TO THE FIRST 50 CHILDREN IN EACH TIME SLOT.

PRE-SCHOOL DANCE

#2020234 – Join in the fun of learning ballet, tap and jazz. Learn to sequence steps together and practice listening and dancing to music. Leotard, tights and ballet slippers are recommended, tap shoes will be available the first night for your child to borrow for the session. (Please include shoe size on registration). Participants must be toilet trained. Parental assistance is not needed for this program. Ages: 3 - 6 years.

Wednesdays, September 16 – November 4 • 6:45 – 7:30 p.m.

Yellow Breeches Middle School Cafeteria

Instructor: Jenny Bistline

Fee: \$45/RES, \$51/NR, early bird

\$55/RES, \$61/NR, after 9/2

SAFE SITTER – BABYSITTING COURSE

#2020235 - Safe Sitter®, an up-to-date and well-rounded youth development program with a medical basis, teaches young teen babysitters everything they need to know to keep themselves and the children in their care safe. The nationally-recognized, pediatrician-developed program includes child care techniques, basic first aid, rescue techniques (like choking infant and child rescue), babysitting as a business, and online and cell phone safety. Participant will receive a certificate of completion. Bring a baby doll and a packed lunch. **Registration deadline is Friday, October 2.** Grades: 6 and up.

Saturday, October 17 • 9:30 a.m. – 2:30 p.m.

South Middleton Township Meeting Room

Instructor: Donna Ludwig & Sarah Colondrillo, Certified Safe Sitter Instructor

Fee: \$49/RES, \$55/NR

TENNIS LESSONS

Participants will learn tennis footwork and stroke technique. Games will be played suited to ability level. Students should bring a racquet and water bottle. Tennis racquets will be available if you do not have one. Program will utilize age and skill level appropriate tennis balls. All proceeds from this camp will be donated to the Bubbler Foundation. Ages: 5 – 8 years.

Mondays, September 14, 21, and 28

#2020236 – 4:45 – 5:45 p.m. Ages 5 – 7

#2020237 – 6:00 – 7:00 p.m. Ages 8 – 12

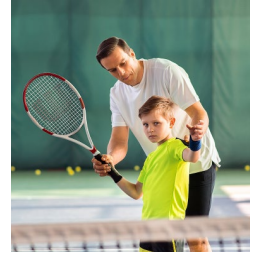
#2020238 – 7:15 – 8:15 p.m. Ages 13 – 18

South Middleton Park Tennis Courts

Instructor: Steve Lubart, PTR Certified Teaching Professional

Fee: \$35/RES, \$41/NR, early bird

\$45/RES, \$51/NR, after 8/31



NEW TIE DYE TWIRLERS

#2020239 – Come twirl with the Tie Dye Twirlers! Students will learn a routine and how to perform it while marching in a parade. This session students will participate in two or three parades. Students who need a baton will be measured to ensure they receive a proper size. A one-time baton fee of \$25 will need to be paid to the instructor at the first class; the baton is yours to keep! Parade uniform will not exceed \$25. Please email tyedyetwirlers@gmail.com for additional information. Ages: 5 – 12 years.

Tuesdays, September 1 – November 24 • 6:00 – 7:00 p.m.

Rice Elementary Gym

Instructor: Tie Dye Twirlers

Fee: \$105/RES, \$111/NR, early bird

\$115/RES, \$121/NR, after 8/28

ZUMBA KIDS, JR.

#2020240 – Perfect for our younger Zumba® fans! Kids get the chance to socialize with friends and jam out to their favorite music. Zumba® Kids, Jr classes are rockin', high-energy dance parties packed with kid-friendly routines. We break down steps and add games, activities and cultural exploration elements into the class structure. It also helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives. Please wear sneakers and comfortable clothes to dance in. Grades: K - 2

Mondays, September 21 – October 26 • 3:40 – 4:40 p.m.

NO CLASS 10/12

Fee: \$45/RES, \$51/NR, early bird

\$55/RES, \$61/NR, after 9/8

Rice Elementary Music Room

Instructor: Jeannette Kole