

# PARKS & RECREATION

## WINTER/SPRING 2021

The following programs are offered cooperatively by the Board of Supervisors and the Board of School Directors under the direction of the Parks and Recreation Board. For more information on any program or to register with a credit card, call 717-258-4441.

**DUE TO COVID 19 – PLEASE NOTE THAT ALL PROGRAM DATES AND LOCATIONS ARE SUBJECT TO CHANGE. PLEASE VISIT OUR WEBSITE AT WWW.SMIDDLETON.COM OR OUR FACEBOOK PAGE FOR UPDATES.**

### PAVILION RESERVATIONS

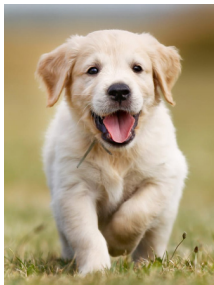
Pavilion reservations for the summer of 2021 will be accepted for South Middleton Township residents only beginning Monday, January 4. Reservations may be made in person at the South Middleton Township Building on Park Drive using cash, check or credit card or by phone at 717-258-4441 with a credit card. Beginning Monday, February 1 reservations will be accepted from non-residents for any available dates. Pavilion reservation fees are non-refundable and must be paid when making a reservation. Township residents are encouraged to make reservations in January for summer events.

South Middleton Park, located on Park Drive, has three pavilions available for rentals on weekends from May 1 through September 30 for \$75 each per day. Spring Meadows Park, located on West First Street in Boiling Springs, has two pavilions available from May 1 through September 30, renting for \$50 each per day.

### ANNUAL DOG LICENSE

Annual dog licenses may be purchased at the Parks & Recreation Office, January 6 through April 9. We accept cash or credit card only as payment.

For information regarding a Lifetime Dog License, contact the Cumberland County Treasurer's Office at 717-240-6380 or visit [www.ccpa.net](http://www.ccpa.net).

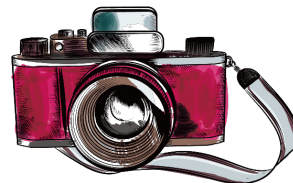


### REGISTER EARLY FOR PROGRAMS

Nothing stops a program in its tracks faster than everyone waiting until the last minute to register. Many of our activities need a minimum number of participants to run, so a program may be cancelled if there are not enough registrants. The minimum number of participants must be reached at least one week prior to the program beginning. Register early to prevent unnecessary cancellations.

### PHOTO POLICY

On occasion we may take photos or video of individuals enrolled in programs or using park facilities. Please be aware that these images are for department use and may be used in future promotional materials.



### VOLUNTEERS GREATLY APPRECIATED!

Thanks to our awesome group of over 50 volunteers, the second year of the Spring Meadows Park Bench Project was terrific! The four perennials planted at each of the 19 park benches look fantastic and include many different plant varieties, adding an array of vibrant shapes and colors throughout our beautiful park. The Township is adding several more benches to the park. New volunteers are always welcome and encouraged to contact the Parks and Recreation Department to express your interest. We greatly appreciate all of the wonderful work done by the volunteers!

Thank You!

**THE PARKS AND RECREATION OFFICE  
IS LOCATED AT  
520 PARK DRIVE, BOILING SPRINGS.  
717-258-4441**

**HOURS: MONDAY – FRIDAY, 7:30 A.M. – 4:00 P.M.**

#### **OUR OFFICE WILL BE CLOSED:**

½ Day THURSDAY, DECEMBER 24, 2020

FRIDAY, DECEMBER 25, 2020

½ Day THURSDAY, DECEMBER 31, 2020

FRIDAY, JANUARY 1, 2021

FRIDAY, APRIL 2, 2021

**LIKE US ON FACEBOOK!**



**SOUTH MIDDLETON PARKS  
AND RECREATION**

# REGISTRATION IS EASY

**MAIL IN**  
 South Middleton  
 Parks & Recreation  
 520 Park Drive  
 Boiling Springs, PA 17007

**ONLINE**  
[www.smiddleton.com](http://www.smiddleton.com)  
 or  
<http://activenet.active.com/smparksandrec>

**PHONE IN**  
 MC/VISA/AmEx Accepted  
 For Telephone Registration  
 717-258-4441

**WALK IN**  
 Recreation Office  
 520 Park Drive  
 Monday - Friday  
 7:30 AM - 4:00 PM

**TO MAIL IN OR WALK IN**

1. **Complete Registration Form** below. Be sure to include correct program number, phone number, email, name, grade and birth date.
2. **Enclose Payment** - A personal check may be used and should be payable to: South Middleton Township. If using VISA, MasterCard or AmEx, provide number, exp. date and CVV# on the registration form. Cash is accepted for walk-in registration only.
3. **Mail or Walk-in Registration** - Use our mailing address listed above. The Recreation Office is located in the South Middleton Township Municipal Building.

**TELEPHONE REGISTRATION**

Using your MasterCard, VISA or AmEx you may register for any activities by calling the Recreation Office at 717-258-4441, Monday through Friday, 7:30 a.m. – 4:00 p.m.

**ONLINE REGISTRATION**

Using your MasterCard, VISA or AmEx you may register for most activities by going to the website listed above and following the directions provided. A convenience fee is associated with online registration.

**REGISTER EARLY**

**If a program does not have the sufficient number of participants registered five working days prior to the start of the class, the program will be cancelled.**

**REFUND POLICY**

We will gladly issue a refund for any program (except bus trips and special events) for any reason as long as you contact us by 4:00 p.m. at least one business day prior to the first class. A \$2 administrative fee will be deducted from the refund.

**CANCELLATIONS**

South Middleton Parks & Recreation reserves the right to cancel any program due to insufficient registration. A full refund will be given.

**RETURNED CHECK POLICY**

Any checks returned for insufficient funds will be assessed an additional \$25 or 5% of the check amount (whichever is higher) for each returned check.

**CONFIRMATION**

No confirmations will be sent unless you provide a self-addressed stamped envelope or an email address.

**SENIOR ADULTS**

Residents over 60 years of age who register for programs will receive a 20% discount from the regular registration fees. You must follow the normal sign-up process by returning the registration form with payment less your 20% discount. Programs which do not qualify: **Bus Trips, AARP Smart Driver Course, American Heart Association Classes and Special Events.**

## SOUTH MIDDLETON PARKS & RECREATION PROGRAM REGISTRATION FORM

Home Phone \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Cell/Work Phone \_\_\_\_\_

Address \_\_\_\_\_ Township or Boro \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Name of Participant	Birthdate MM/DD/YY	Child's Grade	T-Shirt Size	Program Name	Program Number	Fee
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

**20% Resident Senior Discount** \_\_\_\_\_

**DOES PARTICIPANT HAVE ANY SPECIAL NEEDS OR LIMITS?**  YES  NO **TOTAL \$** \_\_\_\_\_

M/C  VISA  AMEX  CARD # \_\_\_\_\_ **EXP DATE** \_\_\_\_\_ **CVV #** \_\_\_\_\_

**NAME ON CARD:** \_\_\_\_\_

**MAKE CHECKS PAYABLE TO: SOUTH MIDDLETON TOWNSHIP**  
 MAIL TO: SOUTH MIDDLETON PARKS AND RECREATION  
 520 PARK DRIVE  
 BOILING SPRINGS, PA 17007  
 PHONE: 258-4441

**FOR OFFICE USE ONLY**

DATE REC'D \_\_\_\_\_ REC'D BY \_\_\_\_\_

MAIL/WALK-IN/TELEPHONE/E-MAIL

CASH/CHARGE/CHECK ck# \_\_\_\_\_

TRANSACTION # \_\_\_\_\_

# ADULT PROGRAMS

## AEROBICS

Keep your New Year's resolution to get in shape! Experience a new workout each class in a fun, casual environment. Workouts include circuit training, step, low impact with weights, and body sculpting. Participants should bring an exercise mat and light hand weights. Ages: 18 years and older.



**#2021300** – Session I - Tuesdays & Thursdays, January 12 – February 11  
Fee: \$25/RES, \$31/NR, early bird  
\$35/RES, \$41/NR, after 12/31

**#2021301** – Session II - Tuesdays & Thursdays, February 23 – March 25  
Fee: \$25/RES, \$31/NR, early bird  
\$35/RES, \$41/NR, after 2/9

**#2021302** – Session III - Tuesdays & Thursdays, April 6 – May 13  
Fee: \$29/RES, \$35/NR, early bird  
\$39/RES, \$45/NR, after 3/23

6:00 – 7:00 p.m.

Citizens, Village Fire Station on Forge Road

Instructor: Carole Posavec, CGFI

**NEW**

## AMERICAN HEART ASSOCIATION CPR & AED CERTIFICATION

Heartsaver courses are designed for anyone with little or no medical training who needs a course completion card for job, regulatory, or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting. The skills learned in this course will help you recognize cardiac arrest, get emergency care on the way quickly, and help a person until EMS arrives. Students receive a course completion card at the end of the class. Ages: 12 years and older.

**#2021319** – Saturday, February 13  
12:30 – 4:30 p.m.

Yellow Breeches EMS, 233 Mill Street, Mt. Holly Springs

Instructor: Doug Shields & Yellow Breeches EMS Staff

Fee: \$30/RES, \$36/NR, early bird  
\$40/RES, \$46/NR, after 1/29

**#2021320** – Saturday, March 13

8:30 a.m. – 12:30 p.m.

Yellow Breeches EMS, 233 Mill Street, Mt. Holly Springs

Instructor: Doug Shields & Yellow Breeches EMS Staff

Fee: \$30/RES, \$36/NR, early bird  
\$40/RES, \$46/NR, after 2/26

## CANCELLATION POLICY

To receive a refund, cancellations **MUST** be made no later than 4:00 p.m. one business day prior to the start of the first class. Refunds will not be issued the day of the class. Cancellations will result in a \$2 service fee. If a program is cancelled by the Recreation Department, a full refund will be issued.

**NEW**

## AMERICAN HEART ASSOCIATION CPR FRIENDS & FAMILY

**#2021321** - The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible. Students receive a course completion card at the end of the class. Ages: 12 years and older.



**American  
Heart  
Association®**

Thursday, April 15

6:00 – 9:00 p.m.

Yellow Breeches EMS, 233 Mill Street, Mt. Holly Springs

Instructor: Doug Shields & Yellow Breeches EMS Staff

Fee: \$5.00

## POUND

A fun filled full body, fast moving, heart pumping workout using ¼ lb. drum sticks (ripstix). It combines cardio, conditioning and strength training with yoga and Pilates inspired movements. There's nothing more exhilarating than grabbing a pair of ripstix and being able to POUND away your stress to a choreographed workout. Suitable for all fitness levels. Ripstix will be provided, however participants need to bring an exercise mat or heavy beach towel. Ages: 13 years and up.

**#2021303** - Session I – Wednesdays, January 13 – February 17

Fee: \$29/RES, \$35/NR, early bird  
\$39/RES, \$45/NR, after 12/31

**#2021304** - Session II – Wednesdays, March 3 – April 7

Fee: \$29/RES, \$35/NR, early bird  
\$39/RES, \$45/NR, after 2/17

**#2021305** – Session III – Wednesdays, April 21 – May 26

Fee: \$29/RES, \$35/NR, early bird  
\$39/RES, \$45/NR, after 4/7

6:00 – 7:00 p.m.

Citizens, Village Fire Station on Forge Road

Instructor: Barb Underkoffler

## INSTRUCTORS WANTED

The Parks and Recreation Department is always looking for new course ideas and instructors. If you have an idea for a course, please contact Donna Ludwig at [dludwig@smiddleton.com](mailto:dludwig@smiddleton.com), or 717-258-4441. Teaching at South Middleton is a great experience – plus a whole lot of fun!

## R.I.P.P.E.D

The One Stop Body Shock, a High Intensity Interval Training (HIIT) program. It's mission . . . "Experience this total body "plateau proof fitness formula" workout, utilizing resistance and cardio training, which masterfully combines Resistance, Intervals, Power, Plyometrics, Endurance, and Diet ... to help you attain and maintain your physique in ways that are fun, safe, doable and extremely effective" . . . this is a SPORTS based program designed to improve performance and general health. Please bring hand weights (5-10 lbs. per arm), floor mat and water. Ages: 13 years and older.

**#2021306** - Session I – Mondays & Wednesdays, January 11 – February 17  
Fee: \$77/RES, \$83/NR, early bird  
\$87/RES, \$93/NR, after 12/31

**#2021307** - Session II – Mondays & Wednesdays, March 1 - April 7  
Fee: \$77/RES, \$83/NR, early bird  
\$87/RES, \$93/NR, after 2/15

**#2021308** – Session III – Mondays & Wednesdays, April 19 – May 12  
Fee: \$53/RES, \$59/NR, early bird  
\$63/RES, \$69/NR, after 4/5

6:00 – 7:00 p.m.

Citizens Holly Station, 100 Chestnut Street, Mt. Holly Springs

Instructor: Jeannette Kole

## **NEW** SENIOR BINGO

**#2021309** – Have the winter blues? Join us on the 4th Wednesday of each month from January – April for some bingo. This once a month activity will be lots of fun, plus a way to meet new friends. Bring your BINGO voice and your favorite dessert to share with all who participate. Ages: 50 years and older.

Wednesdays, January 27, February 24, March 24 and April 28

2:00 – 4:00 p.m.

St. John's Lutheran Church, 111 Walnut Street, Boiling Springs

Instructors/Sponsored by: South Middleton Parks & Recreation Department

## SENIOR EXERCISE PROGRAM – ARTHRITIS FOUNDATION

It's not as boring as the title may sound. We have a blast! You do not have to have arthritis to participate and benefit. Classes include gentle range of motion exercises and short cardio segments and are suitable for all fitness levels. Exercises and cardio can be standing or sitting/holding onto a chair. You will use tubing, balls and light weights. Chairs, tubing and balls are provided. Please bring your light weights and wear sneakers. Come and join us, it's a HOOT! Ages: 55 years & up.

**#2021310** – Session I – Wednesdays, January 13 – February 17  
Fee: \$35/RES, \$41/NR, early bird  
\$45/RES, \$51/NR, after 12/31

**#2021311** – Session II – Wednesdays, March 3 – April 7  
Fee: \$35/RES, \$41/NR, early bird  
\$45/RES, \$51/NR, after 2/17

**#2021312** – Session III – Mondays & Wednesdays, April 19 – May 19  
Fee: \$55/RES, \$61/NR, early bird  
\$65/RES, \$71/NR, after 4/5

10:30 – 11:30 a.m.

Citizens, Village Fire Station on Forge Road

Instructor: Lisa Ecker, AFEP

## TAI CHI FOR ARTHRITIS

The **Tai Chi for Arthritis Program**® is designed to improve the quality of life for people with and without arthritis through practicing Sun Style Tai Chi; one of the four major recognized styles of Tai Chi. This style includes agile steps and exercises that may improve mobility, breathing and relaxation. The movements don't require deep bending or squatting, which makes it easier and more comfortable to learn. Participants should wear comfortable clothing and supportive shoes. Ages: 18 years and older.

**#2021313** – Session I, Tuesdays & Thursdays, January 12 – February 11  
Fee: \$43/RES, \$49/NR, early bird  
\$53/RES, \$59/NR, after 12/31

**#2021314** – Session II, Tuesdays & Thursdays, February 23 – March 25  
Fee: \$43/RES, \$49/NR, early bird  
\$53/RES, \$59/NR, after 2/9

**#2021315** – Session III, Tuesdays & Thursdays, April 6 – May 6  
Fee: \$43/RES, \$49/NR, early bird  
\$53/RES, \$59/NR, after 3/23

10:00 – 11:00 a.m.

Citizens, Village Fire Station on Forge Road

Instructor: Carole Posavec

## **NEW** VIRTUAL COMMUNICATIONS...

**#2021316** – What is it and how do I connect to it? In today's world where we may not be able to visit with our family, we rely on Zoom, Skype, Facetime, and Facebook Messenger. In this one day class, learn how to operate these programs on your device. Participants need to have some computer experience and bring their own device to the class. Ages: 18 years and older.

Wednesday, March 24

6:00 – 7:30 p.m.

South Middleton Township Meeting Room

Instructor: Brooke Clugh

Fee: \$20/RES, \$26/NR, early bird  
\$30/RES, \$36/NR, after 3/10

## ZUMBA

Hate working out, bored of the gym, like to have fun and dance? Then ZUMBA is for you! ZUMBA combines Latin and international music in dance routines featuring aerobic and fitness interval training done to a combination of fast and slow rhythms. Experience the salsa, meringue, cumbia, samba, reggaeton, cha cha, flamenco, calypso, Indian, belly dance, hip hop and so much more! No dance experience required. It's time to ditch the workout and join the party! Ages: 13 years and older.

**#2021317** - Session I – Tuesdays & Thursdays, January 12 – February 18  
Fee: \$65/RES, \$71/NR, early bird  
\$75/RES, \$81/NR, after 12/31

**#2021318** - Session II – Tuesdays & Thursdays, February 23 – April 1  
Fee: \$65/RES, \$71/NR, early bird  
\$75/RES, \$81/NR, after 2/9

6:00 – 7:00 p.m.

Citizens Holly Station, 100 Chestnut Street, Mt. Holly Springs

Instructor: Jeannette Kole



# BUS TRIPS

## KILLINGTON SKI TRIP

**#2021601** - Enjoy this three day trip to Killington, Vermont. The beautiful snow covered mountains are calling your name to enjoy a snowy winter playground like nowhere else. Spend the day skiing and/or snowboarding at your leisure. Accommodations will be at the Holiday Inn in Rutland, VT.



Friday, February 26 – Sunday, February 28

Departs: South Middleton Twp. Building at 11:00 a.m. on Friday, February 26  
Killington at 3:00 p.m. on Sunday, February 28

Fee: Double Occupancy: \$499/person, Triple Occupancy: \$459/person,  
Quad: \$439/person, Single: \$599/person

Includes: Transportation, Lodging, Lift Tickets (Saturday all day and Sunday till 3:00) 2 Breakfasts, Taxes & Gratuity.

## PITTSBURGH OVERNIGHT

**#2021602** – Experience Pittsburgh in a weekend. In just three days you will see all the popular sites in the Steel City. Tour Heinz Stadium, ride the Duquesne Incline, enjoy a dinner cruise on the Gateway Clipper for an Italiano Dinner Cruise, experience the Lincoln Highway by visiting an amazing 200 year old building. On the trip back see the Flight 93 Memorial Chapel and the Crescent of Embrace.

Tuesday, May 18 – Thursday, May 20

Departs: South Middleton Twp. Building at 8:00 a.m. on Tuesday, May 18  
Pittsburgh at 7:00 a.m. on Thursday, May 20

Fee: Double Occupancy: \$499/person, Single Occupancy: \$699/person

Includes: Transportation, 2 nights lodging at the Hyatt Place at the Meadow Racetrack & Casino, 5 meals including a dinner cruise, Incline, Heinz Stadium Tour, Pittsburgh Tour, Station Square, The Lincoln Highway Experience, Flight 93 Chapel, Flight 93 Memorial, all gratuities and a goodie bag.

## PHILADELPHIA FLOWER SHOW

**#2021603** – This is the worlds biggest and oldest indoor flower show. The 2021 Show will focus on plants and gardens of Mediterranean climates. “Riviera Holiday” will highlight the French Riviera. Mediterranean climates have moderate to warm temperatures, dry summers and rainier winters. That opens the door to displays from such diverse settings of South Africa, the California coast and the west coasts of Chile, Mexico and Australia.



Date: TBA

Departs: South Middleton Twp. Building at 9:00 a.m.  
Flower Show at 7:00 p.m.

Fee: \$89/person

Includes: Transportation, George Weigel Presentation and ticket to show.

## PHILADELPHIA ZOO AND CAMDEN AQUARIUM

**#2021604** – Enjoy the Camden Aquarium, which is home to the largest collection of sharks on the East Coast, including the only great hammerhead shark on exhibit in the United States. The only aquarium in the world to exhibit hippos, one of only six facilities in the US to have little blue penguins as permanent residents and exhibit the longest Shark Bridge in the world, a unique v-shaped rope suspension bridge just inches over Shark Realm. Then spend the afternoon at the Philadelphia Zoo, the region’s leading family destination and one of the area’s foremost conservation organizations. Philadelphia Zoo is home to nearly 1,300 animals, many rare and endangered. A new KidZooU children’s zoo and Education Center that serves as a model for children’s zoos nationwide.

Friday, June 25

Departs: Boiling Springs High School at 7:00 a.m.  
Philadelphia at 4:00 p.m.

Fee: \$99/person

Includes: Transportation and admission to zoo and aquarium.

**Other upcoming 2021 Trips include Finger Lakes Wine Festival, West Point Valor & Honor, Queen Esther and Shady Maple Smorgasbord & Kalahari Water Park July & December.**

**Watch for details in the Summer Newsletter.**

## BUS TRIP REGULATIONS

1. Early sign up for bus trips is important. Trips are cancelled one month prior to departure date if minimum registration is not met.
2. Reservations will not be accepted unless accompanied by a deposit of half the total amount due.
3. No refunds will be made unless:
  - a. Recreation Department cancels the trip due to insufficient registration.
  - b. A waiting list is available to fill vacancies. If no waiting list is available, those who wish to cancel are responsible to find a replacement or provide payment in full.
4. Age requirements - anyone 17 or under must be accompanied by a parent/guardian 25 years of age or older.
5. No alcoholic beverages permitted on the bus.
6. Please be prompt for departure times. Buses will be held no more than 10 minutes.

# CRAFT CORNER

## ALL OCCASION CARDS

**#2021322** – Back by popular demand, you will create 10 cards (2 each) for the following occasions. Wedding, Baby, Graduation, Sympathy and Get Well. Come out and get your card supply stocked up for the upcoming season. All supplies are included in this class. Ages: 18 years and older.

Wednesday, February 17

6:00 – 8:30 p.m.

South Middleton Township Meeting Room

Instructor: Mitzi Ruskowski

Fee: \$19/RES, \$25/NR, early bird  
\$29/RES, \$35/NR, after 2/3



## ECLIPSE CARDS

**#2021324** – This is an easy technique added to enhance your handmade cards. Using die cuts and a Sizzix you will make cards into beautiful works of art. Adding this subtle dimension, your cards will stand out! All supplies are included in this class. Ages: 18 years and older.

Wednesday, January 27

6:00 – 8:30 p.m.

South Middleton Township Meeting Room

Instructor: Mitzi Ruskowski

Fee: \$19/RES, \$25/NR, early bird  
\$29/RES, \$35/NR, after 1/13

## BIRTHDAY BLOWOUT

**#2021323** – Centered on the birthday theme, you will create 10 cards for young and old. Included will be masculine themed cards. Everyone needs birthday cards on hand. The best part is that you added your special touch to every card made. All supplies are included in this class. Ages: 18 years and older.

Wednesday, March 3

6:00 – 8:30 p.m.

South Middleton Township Meeting Room

Instructor: Mitzi Ruskowski

Fee: \$19/RES, \$25/NR, early bird  
\$29/RES, \$35/NR, after 2/17

## OOPS!

Sometimes excellent programs with super instructors are cancelled when too many people wait until the last minute to register. We need a minimum number of participants before a class will run. If a program looks interesting, don't hesitate ... **REGISTER TODAY!**

Participants in South Middleton Parks and Recreation Department programs and activities participate at their own risk. The Township, the School District, the Parks and Recreation Department, its agents, servants and/or employees cannot be held responsible or liable for any accident and/or injury which may occur. Participants must rely on their own accident or health insurance.

# FAMILY PROGRAMS

**\*\*\*Registration for these special events will be accepted on Monday, February 1, VIA PHONE starting at 7:30 a.m. for South Middleton Township Residents only.\*\*\***

## 22ND ANNUAL BBQ/BINGO AND BOND

**#2021605** – Boys in grades K – 6 are invited to spend some quality time with mom. This event for COUPLES (mother/son, grandmother/grandson, aunt/nephew, etc.) will include a barbeque dinner for two at the Carlisle Country Club followed by bingo for mom and son with great prizes. (Attire will be casual.) Register early for this popular event as seats are very limited! Please remember all South Middleton Parks and Recreation programs are alcohol-free and smoke-free events. **This program is for South Middleton Township Residents Only!**

Thursday, April 22

6:30 – 9:00 p.m.

Carlisle Country Club

Fee: \$39/Boy

## 24TH ANNUAL DADDY/DAUGHTER DATE

**#2021606** - Young ladies in Grades K – 8 and their dates are cordially invited to attend the 24th Annual Daddy/Daughter Date. This evening for COUPLES (father/daughter, uncle/niece, grandfather/granddaughter, etc.) will include dinner for two, a boutonniere for dad and a long stem rose for daughter from Whimsical Poppy, a keepsake 5 X 7 photo taken by Cindy Roth Photography, and dancing and music by D.J. Greg. (Attire will be dressy.) Register now to reserve your space as seats are very limited. Please remember all South Middleton Parks and Recreation programs are alcohol-free and smoke-free events. **This program is for South Middleton Township Residents Only!**

Thursday, May 27

6:30 – 9:00 p.m.

Letort View Community Center at the Carlisle Barracks

Fee: \$59/Girl

**TICKETS ARE NON-TRANSFERABLE.**

# PRE-SCHOOL PROGRAMS

**Registration for Little Sprouts will begin on Wednesday, February 3, VIA PHONE starting at 7:30 a.m. for South Middleton Township Residents only. A parent must register their own child. Non-residents may call beginning February 4 at 7:30 a.m.**

## LITTLE SPROUTS PRE-KINDERGARTEN

**#2021200** - Register now for the 2021 – 2022 school year. Children will prepare for kindergarten through educational centers, songs, story time, arts and crafts, holiday celebrations and more. Kindergarten readiness activities include letters, numbers, shapes, colors, and name-writing. Students must be four years old before September 1, 2021 and will enter Kindergarten in the Fall of 2022.

Mondays, Wednesdays & Fridays

September 8 – May 13

9:00 – 11:30 a.m.

St. John Evangelical Lutheran Church

Teacher & Assistant: Janet Kacsur & Lisa Webber

Initial Enrollment Fee: \$86/RES, \$92/NR Due at Registration

Eight Monthly Installments: \$86

## LITTLE SPROUTS PRE-SCHOOL

**#2021201** – A special two day per week program for children ages 3 – 5 years old. Children will participate in story time, educational centers, arts and crafts, and holiday celebrations. Children must be at least 3 years old before September 1, 2021 and toilet trained. This is a yearlong program, divided into two sessions. See below for payment schedule.

### Fall Session

Tuesdays & Thursdays, September 14 – December 16

### Winter/Spring Session

Tuesdays & Thursdays, January 11 – April 28

9:00 – 11:00 a.m.

St. John Evangelical Lutheran Church

Teacher & Assistant: Janet Kacsur & Lisa Webber

Initial Enrollment Fee: \$95/RES, \$101/NR Due at Registration

Three Installments of \$95 due 8/1, \$95 due 10/1 and \$95 due 1/1

# STUDENT PROGRAMS

## BOYS LIL HOOPS

**#2021202** – Calling all boys interested in the sport of basketball! Learn the basics of basketball including dribbling, shooting and ball handling. T-shirt included. Grade: 3.

Sundays, February 21 – March 21

2:00 – 3:15 P.M.

Iron Forge Elementary School Gym

Instructor: Joel Martin and BSHS Varsity Coaches & Players

Fee: \$35/RESIDENTS ONLY

## DECORATE A CAKE

**#2021213** – Kids, here's your chance to make a Valentine Cake for your favorite valentine. Come out with mom or dad and together you will decorate your own Valentine cake. Each child must be accompanied by an adult. Ages 4 – 7 years.

Monday, February 8, 6:00 – 7:00 p.m.

St. John's Lutheran Church, Boiling Springs

Instructors: Elaine Ludt & Donna Ludwig

Fee: \$10/RES, \$16/NR, early bird

\$20/RES, \$26/NR, after 1/25

## EASTER EGG HUNT

**#2021203** - Guaranteed to be lots of fun! Expect a visit from the Easter Bunny and an Easter Egg Hunt. Bring your own basket. Ages: 2 - 8 years.

Saturday, March 27

10:00 a.m. – **BE PROMPT**

Spring Meadows Park Pavilion #5

Free



## FLAG FOOTBALL

**#2021204** – **ARE YOU READY FOR SOME FLAG FOOTBALL?** Mark your calendars! Under the direction of the Boiling Springs Varsity Football Coaches and players come out and learn the basics of this fun game. Games and skill sessions will be held on Sundays. T-shirt included in registration. Grades: 1 – 8.

Sundays, April 11 – May 23

### No Class 5/9

1:30 – 3:00 P.M.

Boiling Springs High School Turf Field

Instructor: Brad Zell, Boiling Springs Varsity Football Coach and Staff

Fee: \$50/RES, \$56/NR, early bird

\$60/RES, \$66/NR after 3/29

## GIRLS LIL HOOPS

**#2021205** – Calling all girls interested in the sport of basketball! Learn the basics of basketball including dribbling, shooting and ball handling. T-shirt included. Grades: 1 & 2.

T.B.A.

3:40 – 5:00 p.m.

Rice Elementary Gym

Instructor: Boiling Springs Varsity Girls Basketball

Fee: \$35/RESIDENTS ONLY

## GRINCH'S CANDY CANE HUNT

**#2020231** – There is a rumor that the Grinch stole all the candy canes from Bubbler-ville and took them back to Who-ville until after Christmas. However, he is planning on returning them in time for us to have a Candy Cane Hunt in Spring Meadows Park. WHO knows, we might even have a visit from the Grinch! Prizes will be awarded for special candy canes. Pre-registration is required by January 7. Don't forget to dress warm, the event will be held outside. Ages: 2 – 8 years.

Saturday, January 9

10:30 a.m. – **BE PROMPT**

Spring Meadows Park Pavilion 5

Fee: Free, however registration is required by January 7

### HORSING AROUND

Sign up for one or all four of these one day clinics. Students will not need to bring extra gear, but should prepare to be somewhat outside – bring warm gloves, hats, etc. Ages: 10 years and up.

#### #2021206 – HORSE TALK

Students will learn how horses communicate with each other and how herds work together for the greater good of the group. Subjects will also include basic training methods used in past and present. Students will look at how horse communication has changed since they have been domesticated. Students will also work with the horses to test their horse communication skills.



Saturday, January 16

2:00 – 4:00 p.m.

Kings View Acres – 288 Stuart Road, Carlisle

Fee: \$23/RES, \$29/NR, early bird

\$33/RES, \$39/NR, after 12/31

**#2021207 – BE MY VALENTINE PONY!** – We show love by caring for each other. In this clinic, students will learn how to care for the daily needs of a horse and show them extra love. Students will have a horse to care for completely during this clinic. Each child will feed, care for the stall, and groom his/her horse. They will also create amazing horse treats for their special pony or horse! (Wear old clothes and boots that can get dirty!)

Saturday, February 13

2:00 – 4:00 p.m.

Kings View Acres – 288 Stuart Road, Carlisle

Fee: \$23/RES, \$29/NR, early bird

\$33/RES, \$39/NR, after 1/29

**#2021208 – DIFFERENT KINDS OF HORSIN' AROUND** – Students will learn about different styles of riding, the equipment used, and the rules of competition for different horse competitions. This class will explore the history of horse competitions and the Olympic competitions today that involve horses. Students will also be allowed to try their hand at some of the competition skills.

Saturday, March 13

2:00 – 4:00 p.m.

Kings View Acres – 288 Stuart Road, Carlisle

Fee: \$23/RES, \$29/NR, early bird

\$33/RES, \$39/NR, after 2/26

**#2021209 – SPRING HORSE FEVER** – Students will learn about the major health needs of a horse. We will explore common illnesses and injuries that occur with horses. Students will learn about vaccines and emergency first aid for horses. Hands on practice with the horses will be included.

Saturday, April 17

2:00 – 4:00 p.m.

Kings View Acres – 288 Stuart Road, Carlisle

Fee: \$23/RES, \$29/NR, early bird

\$33/RES, \$39/NR, after 4/1

**Sign up for all four Clinics and receive a discount.**

**\$70/RES, \$76/NR, early bird**

**\$80/RES, \$86/NR after 12/31.**

### SAFE SITTER – BABYSITTING COURSE

**#2021210** - Safe Sitter®, an up-to-date and well-rounded youth development program with a medical basis, teaches young teen babysitters everything they need to know to keep themselves and the children in their care safe. The nationally-recognized, pediatrician-developed program includes child care techniques, basic first aid, rescue techniques (like choking infant and child rescue), babysitting as a business, and online and cell phone safety. Participant will receive a certificate of completion. Bring a baby doll and a packed lunch. **Registration deadline is Friday, March 12.** Grades: 6 and up.



Saturday, March 20

9:30 a.m. – 2:30 p.m.

South Middleton Township Meeting Room

Instructors: Donna Ludwig & Sarah Colondrillo, Certified Safe Sitter Instructors

Fee: \$49/RES, \$55/NR

### SPRING FIELD HOCKEY

**#2021211** – Participants will love learning the sport of field hockey! Bubbler field hockey players will help teach ball control and field positioning. Participants must bring their own shin guards, mouth guard, and stick; cleats are recommended but not required. A complete stick package can be purchased by going to [www.longstreth.com](http://www.longstreth.com). Grades: 3 – 7.



Mondays & Wednesdays, April 19 - 28

4:45 – 6:00 p.m.

Spring Meadows Park Football Field

Instructor: Kortney Showers, BSHS Varsity Coach

Fee: \$25/RES, \$31/NR, early bird

\$35/RES, \$41/NR, after 4/5

### TIE DYE TWIRLERS

**#2021212** – Come twirl with the Tie Dye Twirlers. Students will learn a routine and how to perform it while marching in a parade. This session twirlers should plan to participate in the Harrisburg St. Patrick's Day Parade and two Memorial Day Parades. Prior twirling skills are not required. Additional costs paid directly to the instructor include a baton fee of no more than \$25 for those who do not have a baton or need a new one, and a uniform cost of no more than \$25. Twirlers who need a baton will be measured at the first practice. Baton and uniform will become the property of the twirler and is theirs to keep after the session. Please email [tietyetwirlers@gmail.com](mailto:tietyetwirlers@gmail.com) for additional information. Ages: 5 – 12 years.

Tuesdays, January 19 – May 25

**NO CLASS 4/6**

6:00 – 7:00 p.m.

Rice Elementary Gym

Instructor: Tie Dye Twirlers

Fee: \$105/RES, \$111/NR, early bird

\$115/RES, \$121/NR, after 12/31